🌟 Science Meets Culture: Explore Lucknow at ICMLS-2026

The **7th National Conference of the Indian Confederation of Medical Laboratory Science (ICMLS-2026), scheduled for 29-30 November 2026 at SGPGIMS, Lucknow**, offers delegates not only a premier scientific platform but also the chance to experience the cultural and spiritual richness of Uttar Pradesh.

Lucknow, the City of Nawabs, welcomes visitors in late November with pleasant winter weather, majestic monuments, and modern landmarks. Delegates can stroll through the ***Bara Imambara*** and its famed ***Bhulbhulaiya maze***, admire the grandeur of the Rumi Darwaza, or enjoy the illuminated domes of ***Ambedkar Memorial Park*** and the scenic ***Gomti Riverfront***.



The city's blend of heritage and progress is complemented by vibrant markets such as Hazratganj and Aminabad, renowned for ***Chikankari*** embroidery and local crafts.

Beyond Lucknow, the sacred circuit of Uttar Pradesh offers profound experiences. ***Naimisharanya*** in Sitapur, steeped in epic legends, provides a tranquil retreat. Ayodhya's ***Ram Mandir***, the birthplace of Lord Rama, stands as a magnificent symbol of devotion. In Prayagraj, the ***Triveni Sangam***-the confluence of the Ganga, Yamuna, and Saraswati rivers-draws pilgrims from across the nation, especially during the Kumbh Mela. Further east, Varanasi, the eternal city of Lord Shiva, captivates with the golden spire of the ***Kashi Vishwanath Temple*** and the mesmerizing ***Ganga Aarti at Dashashwamedh Ghat***.

Together, these destinations create a cultural and spiritual journey that complements the scientific excellence of ICMLS-2026, making the conference not only a professional milestone but also a memorable exploration of India's heritage.